### U. S. Department of Labor

Mine Safety and Health Administration 100 Bluestone Road Mount Hope, WV 25880-1000



MAR 29 2007

Mr. Chris Blanchard, Pres. Performance Coal Company P O Box 69 Naoma, West Virginia 25140 BASE PLAN Mine ID No. 46-08436 UG and Surface Areas of UG

Dear Mr. Blanchard:

Your proposed initial or revised plan of training and retraining has been reviewed for compliance with 30 CFR, Part 48, Part 75.160 and Part 77.107 as applicable and is hereby approved. You may begin using this plan effective this date. Any changes made to this approved plan must be submitted as an amendment and approved before such changes are implemented.

Three copies of this letter are supplied in order to satisfy 48.3(n) and 48.23(n). Please post one copy on the bulletin board and provide the miners' representative one copy if applicable. The third copy is to be attached to the approved training plan maintained at the mine site for MSHA inspection per 48.3(f) and 48.23(f).

Any person wishing to appeal this decision may do so by replying in writing within 30 days to: Administrator, Coal Mine Safety and Health, U. S. Department of Labor, 1100 Wilson Boulevard, Arlington, VA 22209-3939.

MSHA reserves the right to revoke approval of this program upon proof that the program has not been adhered to or the quality of the instruction is ineffective or not applicable.

Should you have any questions, please contact this office at (304) 877-3900, ext. 172.

Sincerely,

Robert G. Hardman

District Manager

Coal Mine Safety and Health, District 4

**Enclosures** 

## MSHA TRAINING PLAN

NTRACTOR ID:			MSHA	ID:46-084	36
NEW APPRO	VAL X	REVISION		INSTRUCTO	R UPDATE
MPANY: Perormance of DRESS: PO Box 69	Coal Compan CITY: Nao	y MINE: Up ma STATE:	per Big WV	Branch M ZIP:2	ine-South
PERSON RESPONSIBLE HEALTH AND SAFETY A THE MINE		TITLE:		ught Director 54-1762	
PROGRAM A	REAS INCLUD	ED IN THIS AP	PROVAL	REQUEST	
UNDERGROUND	MINES & SU	RFACE AREA OF	F UNDERG	ROUND MIN	E
X PART 48 A	X PART	48 B X	PART 75	х	PART 77
	SUF	FACE MINES			
PART 48 B	PART	77			
SURFACE F	ACILITY, PF	EPARATION PLA	ANT, LOP		
PART 48 B	PART	77			AND TRAININ
<u></u>	TRUCKER	R TRAINING PRO	OGRAM		2. 2007
PART 48 B	PART	77		MOUN	T HOPE, WY
ALL MSH	A APPROVED	INSTRUCTORS H	FOR THIS	MINE	
NAME	SSN	COURSE	CODES	MSHA U	SE ONLY
SEE ATTACHED					
ATTACH E	XTRA SHEET	FOR ADDITIONA	AL INSTI	RUCTORS	
TE: * INDICATE INST	RUCTORS WHO	DES APPLICATION	on has i	BEEN SUBMI	TTED
	WITH THIS	S APPROVAL REG	QUEST		
PPROXIMATE NUMBER OF AXIMUM NUMBER OF TRADCATION(S) WHERE TRADCATTY High School a	INEES PER S	SESSION: BE GIVEN:	45 30 Perform m, Old I	mance TRAI Pettus Sch	NING ROOM A
PPROXIMATE DATE OF A	nnual refri	ESHER:	March		
GNATURE OF COMPANY	<i>A</i>	Il like la	ught_		
ATE: 01/30/07	TITLE:	Safety Di	rector		



## PERFORMANCE SAFETY DEPARTMENT

## **Certified Instructors**



EDUCA AND TRAINING

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## UNDERGROUND

### 48.5 TRAINING PROGRAM FOR NEW MINERS

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OBJECTIVES			EVALUATION
			METHODS
			DISCUSSION
	DISCUSSION		QUESTION &
			ANSWER
		POLICIES	
AND MINERS' REPRESENTATIVES.		COMPANY	
PROCEDURES FOR REPORTING		RULES	
HAZARDS, OPERATOR'S RULES.		<b>SECTION 2 OF</b>	
		THE ACT OT-2	
Training will include instruction and	LECTURE	SELF-RESCUE	DISCUSSION &
demonstration in the use, care and	DEMONSTRATI	DEVICE	DEMONSTRATION.
maintenance of the rescue and	ON	SPECIFICATIO	TRAINEES WILL
respiratory devices used at the mine.	HAND-ON	NS. SELF-	BE EVALUATED
Hands on training in the complete	TRAINING	RESCUE	ON THEIR
donning of all rescue devices used at the		TRAINING	ABILITY TO
mine, which includes assuming the		MODELS FOR	EFFECTIVELY
donning position, opening the device,		ALL DEVICES	DON AND
activating the device, inserting the		USED.	TRANSFER FROM
mouth, putting the nose clip on and			ONE SELF-
transferring between all rescue devices			RESCUER DEVICE
used at the mine			TO ANOTHER.
TO DEMONSTRATE AND DESCRIBE	LECTURE	COMPANY	DISCUSSION
METHODS OF CHECKING IN AND	DEMONSTRATI	POLICY	QUESTION &
OUT OF THE MINE, TO	ON	MINE MAPS	ANSWER
DEMONSTRATE MINE PHONE AND		Regulations	DEMONSTRATION
RADIO SYSTEMS. TO		<del></del>	
DEMONSTRATE PROPER METHODS			
OF RIDING MINE RUBBER TIRED			
AND TRACK MOUNTED MANTRIPS.			
TO CONDUCT MINE TOUR	TOUR	COMPANY	DISCUSSION
	Training will include instruction and demonstration in the use, care and maintenance of the rescue and respiratory devices used at the mine. Hands on training in the complete donning of all rescue devices used at the mine, which includes assuming the donning position, opening the device, activating the device, inserting the mouth, putting the nose clip on and transferring between all rescue devices used at the mine  TO DEMONSTRATE AND DESCRIBE METHODS OF CHECKING IN AND OUT OF THE MINE, TO DEMONSTRATE MINE PHONE AND RADIO SYSTEMS. TO DEMONSTRATE PROPER METHODS OF RIDING MINE RUBBER TIRED AND TRACK MOUNTED MANTRIPS.	INSTRUCT THE EMPLOYEES IN REVIEW AND DESCRIPTION OF LINE OF AUTHORITY AND RESPONSIBILITY OF SUPERVISORS AND MINERS' REPRESENTATIVES. PROCEDURES FOR REPORTING HAZARDS, OPERATOR'S RULES.  Training will include instruction and demonstration in the use, care and maintenance of the rescue and respiratory devices used at the mine. Hands on training in the complete donning of all rescue devices used at the mine, which includes assuming the donning position, opening the device, activating the device, inserting the mouth, putting the nose clip on and transferring between all rescue devices used at the mine  TO DEMONSTRATE AND DESCRIBE METHODS OF CHECKING IN AND OUT OF THE MINE, TO DEMONSTRATE MINE PHONE AND RADIO SYSTEMS. TO DEMONSTRATE PROPER METHODS OF RIDING MINE RUBBER TIRED AND TRACK MOUNTED MANTRIPS.	INSTRUCT THE EMPLOYEES IN REVIEW AND DESCRIPTION OF LINE OF AUTHORITY AND RESPONSIBILITY OF SUPERVISORS AND MINERS' REPRESENTATIVES. PROCEDURES FOR REPORTING HAZARDS, OPERATOR'S RULES.  Training will include instruction and demonstration in the use, care and maintenance of the rescue and respiratory devices used at the mine. Hands on training in the complete donning of all rescue devices used at the mine, which includes assuming the device, activating the device, inserting the mouth, putting the nose clip on and transferring between all rescue devices used at the mine  TO DEMONSTRATE AND DESCRIBE METHODS OF CHECKING IN AND OUT OF THE MINE, TO DEMONSTRATE MINE PHONE AND RADIO SYSTEMS. TO DEMONSTRATE PROPER METHODS OF RIDING MINE RUBBER TIRED AND TRACK MOUNTED MANTRIPS.

WORK ENVIRONMENT	DESCRIBING METHOD OF MINING.	DEMONSTRATI ON LECTURE	POLICY MINE MAPS	QUESTION & ANSWER DEMONSTRATION
MINE MAP	INSTRUCT THE EMPLOYEES IN:	DEMONSTRATI	MINE MAPS	QUESTION &
ESCAPEWAYS:	REVIEW MINE MAP, ESCAPEWAY	ON	Evacuation	ANSWER
EMERGENCY	SYSTEM FIREFIGHTING AND		Plans MSHA	DEMONSTRATION
EVACUATION,	EMERGENCY EVACUATION PLANS		Material	
BARRICADING	IN EFFECT AT THE MINE AND			
	LOCATION OF ABANDONED AREAS,			
	BARRICADING MATERIAL AND			
	METHODS OF BARRICADING.			
ROOF CONTROL AND	INSTRUCTION ON THE ROOF	LECTURE	ROOF	DISCUSSIOIN
VENTILATION PLANS	CONTROL PLAN IN EFFECT AT THE	VISUAL AIDS	CONTROL &	QUESTION &
	MINE AND PROCEDURES FOR ROOF		VENTILATION	ANSWER
<b>[</b>	AND RIB CONTROL. INSTRUCTION		PLAN	
	ON THE VENTILATION PLAN IN		COMPANY	
	EFFECT AT THE MINE AND		POLICY	
	PROCEDURES FOR MAINTAINING			
	AND CONTROLLING VENTILATION.			
HEALTH	INSTRUCT THE EMPLOYEES IN	LECTURE	COMPANY	DISCUSSION
	PURPOSE OF TAKING DUST AND	DEMONSTRATI	POLICY	QUESTION &
	NOISE MEASURES. Hazcom Program	ON	TRAINING	ANSWER
			AIDS	
			Regulations	
HAZARD RECOGNITION	DESCRIBE THE IMPORTANCE OF	LECTURE	COMPANY	DISCUSSION
	RECOGNIZING AND AVOIDING		POLICY	QUESTION &
	HAZARDOUS CONDITIONS.		AV AIDS	ANSWER

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SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
ELECTRICAL HAZARDS	DESCRIBE THE IMPORTANCE OF RECOGNIZING AND AVOIDING ELECTRICAL HAZARDS. LOCK AND TAG-OUT PROCEDURES.	LECTURE DISCUSSION	AV AIDS COMPANY POLICIES MSHA SM 9	DISCUSSION QUESTION & ANSWER
FIRST AID	INSTRUCT THE EMPLOYEES IN FIRST AID METHODS ACCEPTABLE TO MSHA.	LECTURE DEMONSTRATI ON	VISUAL AIDS TRAINING MODELS MSHA Red Cross	DEMONSTRATION QUESTION & ANSWER
MINE GASES	INSTRUCT THE EMPLOYEES IN DETECTION AND AVOIDANCE OF HAZARDS ASSOCIATED WITH MINE GASES.	LECTURE DEMONSTRATI ON	COMPANY POLICY GAS DETECTORS	DEMONSTRATION QUESTION & ANSWER
HEALTH AND SAFETY ASPECTS OF THE TASK	INSTRUCT THE EMPLOYEES IN HEALTH AND SAFETY ASPECT, MANDATORY STANDARDS PERTINENT TO SUCH TASK, SAFE OPERATING PROCEDURES.	LECTURE	COMPANY POLICY	DISCUSSION QUESTION & ANSWER
CLEAN-UP AND ROCK DUSTING	TO DESCRIBE IMPORTANCE AND PROPER WAY TO CLEAN-UP AND ROCK DUST.	LECTURE	COMPANY POLICY Regulations	DISCUSSIOIN QUESTION & ANSWER

NOTE: EACH NEW INEXPERIENCED MINER AS DEFINED BY 48.2 [C] SHALL RECEIVE A MINIMUM OF 40 TOTAL HOURS OF INSTRUCTION UNDER THIS PROGRAM PLUS TASK TRAINING

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Mount Hope, Wy

SUBJECT	OBJECTIVES	TEACHING	COURSE	EVALUATION
		METHOD	MATERIALS	METHODS
AUTHORITY AND	INSTRUCT THE EMPLOYEES IN LINE	LECTURE	LAW-30 CFR &	DISCUSSION
RESPONSIBILITY OF	OF AUTHORITY, RESPONSIBILITIES,	DISCUSSION	STATE	QUESTION &
SUPERVISORS AND	PROCEDURES FOR REPORTING		COMPANY	ANSWER
MINERS	HAZARDS AND OPERATOR'S RULES.		RULES	
REPRESENTATIVES.			COMPANY	
			POLICIES	
			MSHA OT 2	
SELF-RESCUER AND	Training will include instruction and	LECTURE	SELF-RESCUE	DISCUSSION &
RESPIRATORY DEVICE	demonstration in the use, care and	DEMONSTRATI	DEVICE	DEMONSTRATION
	maintenance of the rescue and respiratory	ON	SPECIFICATIO	. TRAINEES WILL
	devices used at the mine. Hands on training	HAND-ON	NS. SELF-	BE EVALUATED
	in the complete donning of all rescue	TRAINING	RESCUE	ON THEIR
	devices used at the mine, which includes		TRAINING	ABILITY TO
	assuming the donning position, opening the		MODELS FOR	EFFECTIVELY
	device, activating the device, inserting the		ALL DEVICES	DON AND
	mouth, putting the nose clip on and		USED.	TRANSFER FROM
	transferring between all rescue devices			ONE SELF-
	used at the mine			RESCUER DEVICE
				TO ANOTHER.
TRANSPORTATION	TO DEMONSTRATE AND DESCRIBE	LECTURE	COMPANY	DISCUSSION
CONTROLS,	METHODS OF CHECKING IN AND	DEMONSTRATI	POLICY	QUESTION &
COMMUNICATIONS	OUT OF THE MINE, TO	ON	MINE MAPS	ANSWER
SYSTEMS	DEMONSTRATE MINE PHONE AND	EDUC:	MINIART CNA	DEMONSTRATION
	RADIO SYSTEMS. TO DEMONSTRATE	1.	.8 2.207	
	PROPER METHODS OF RIDING MINE	1	u⊮ <sub>i</sub> , alteri	
	RUBBER TIRED AND TRACK	ion.	INT HOPE, WY	
	MOUNTED MANTRIPS, DIRECTIONAL	in the state of th	MIZHA	
TAITED OF LOTTING TO	SIGNS, WARNING SIGNALS	TOUR	COMPANY	DISCUSSION
INTRODUCTION TO	TO CONDUCT MINE TOUR	I LOOK	COMPANY	DISCUSSION

THE WORK	DESCRIBING METHOD OF MINING.	DEMONSTRATI	POLICY	QUESTION &
ENVIRONMENT		ON	MINE MAPS	ANSWER
		LECTURE		DEMONSTRATION
MINE MAP,	INSTRUCT THE EMPLOYEES IN:	LECTURE	COMPANY	DISCUSSION
ESCAPEWAYS;	REVIEW MINE MAP, ESCAPEWAY	DEMONSTRATI	POLICY	QUESTION &
EMERGENCY	SYSTEM FIREFIGHTING AND	ON	MINE MAPS	ANSWER
EVACUATIONS,	emergency evacuation plans in effect at the		Evacuation	DEMONSTRATION
BARRICADING	mine and the location OF ABANDONED		Plans	
	AREAS, BARRICADING MATERIAL			
	AND METHODS OF BARRICADING.			
ROOF CONTROL AND	INSTRUCTION ON THE ROOF	LECTURE	ROOF	DISCUSSION
VENTILATION PLANS	CONTROL PLAN IN EFFECT AT THE	VISUAL AIDS	CONTROL &	QUESTION &
	MINE AND PROCEDURES FOR ROOF		VENTILATION	ANSWER
	AND RIB CONTROL. INSTRUCTION		PLAN	
	ON THE VENTILATION PLAN IN		COMPANY	
	EFFECT AT THE MINE AND		POLICY	
	PROCEDURES FOR MAINTAINING			
	AND CONTROLLING VENTILATION.			
MANDATORY HEALTH	MANDATORY HEALTH AND SAFETY	LECTURE	COMPANY	DISCUSSION
& SAFETY STANDARDS	STANDARDS PERTINENT TO THE		POLICY CFR30	QUESTION &
	ASSIGNED TASKS. Hazcom Program		and State	ANSWER
HAZARD	DESCRIBE THE IMPORTANCE OF	LECTURE Mine	COMPANY	DISCUSSION
RECOGNITION	RECOGNIZING AND AVOIDING	Tour	POLICY	QUESTION &
	HAZARDOUS CONDITIONS.	<del>_</del>		ANSWER

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## UNDERGROUND CONTINUED

## 48.6 TRAINING PROGRAM FOR NEW MINERS (EXPERIENCED)

SUBJECT	OBJECTIVES	TEACHING	COURSE	EVALUATION
		METHOD	MATERIALS	METHODS
EMERGENCY MEDICAL	COMPANY MINE LOCATING	LECTURE	VISUAL AIDS	DISCUSSION
PROCEDURES	MEDICAL SUPPLIES AND	DISCUSSION	COMPANY	QUESTION &
	EMERGENCY COMMUNICATION	AUDIO/VIDEO	POLICY	ANSWER
	SYSTEMS	•	MINE MAPS	
·	,		Emergency	
			Communication	
			Procedures	
PREVENTION OF	MSHA TRAINING MODULES,	LECTURE	VISUAL AIDS	DISCUSSION
ACCIDENTS	COMPANY SAFETY RULES, AND	DEMONSTRATI	COMPANY	QUESTION &
	ACCIDENT REPORTS.	ON	POLICY	ANSWER
		AUDIO/VIDEO	Accident	DEMONSTRATION
		1	Reports	
HEALTH AND SAFETY	MSHA TRAINING MODULES,	LECTURE	COMPANY	DISCUSSION
ASPECTS OF THE	APPLICABLE EQUIPMENT/TOOLS,	DEMONSTRATI	POLICY	QUESTION &
TASKS TO WHICH THE	AND TASK TRAINING OUTLINE FOR	ON	VISUAL AIDS	ANSWER
EXPERIENCED MINER	JOB	VISUAL AIDS		DEMONSTRATION
IS ASSIGNED				
HEALTH	MSHA TRAINING MODULES, NOISE	LECTURE	COMPANY	DISCUSSION
	METERS, DUST PUMPS, WARNING	VISUAL AIDS	POLICY	QUESTION &
	LABELS, MSDS, HEALTH PLANS IN	AUDIO/VIDEO	Regulations	ANSWER
	EFFECT AT THE MINE, AND			DEMONSTRATION
	PERSONAL PROTECTIVE			
	EQUIPMENT. Hazcom PROGRAM			

Note: Training for 48.6 will depend on the size of the operation. Training will last a minimum of 8 hours for miners returning mining after an absence of 5 years.

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#### UNDERGROUND

#### 48.7 TASK TRAINING PROGRAM

TASK/JOB TITLE	METHODS AND MATERIALS	CONDUCTED BY	PRACTICE PERIOD	EVALUATION METHODS
			TERIOD	METHODS
MOBILE EQUIPMENT	INSTRUCTION ON HEALTH AND	EXPERIENCED/	COMMENSURA	OBSERVATION OF
OPERATORS	SAFETY ASPECTS OF TASKS.	QUALIFIED	TE WITH	SAFE OPERATION
	INSTRUCTION IN SAFE OPERATING	WORKER OR	EMPLOYEES	PROCEDURES
	PROCEDURES OF TASK IN ON-THE-	SUPERVISOR	ABILITY	
	JOB ENVIRONMENT. Hazcom Program	1		
NON-MINING	INSTRUCTION ON HEALTH AND	EXPERIENCED/	COMMENSURA	OBSERVATION OF
EQUIPMENT	SAFETY ASPECTS OF TASKS.	QUALIFIED	TE WITH	SAFE WORKING
OPERATORS	INSTRUCTION IN SAFE OPERATING	WORKER OR	EMPLOYEES	PROCEDURES
	PROCEDURES OF TASK IN ON-THE-	SUPERVISOR	ABILITY	
	JOB ENVIRONMENT	,		

NOTE: A QUALIFIED TRAINER WILL GIVE TRAINING OR OTHER PERSON EXPERIENCED IN THE TASK. A TASK LIST WILL BE COMPLETED. OBSERVATION PROCEDURE WILL BE USED TO EVALUATE THE EFFECTIVENESS OF THE TRAINING. TRAINING PROCEDURES ARE AVAILABLE AT MINE SITE FOR INSPECTION. INSTRUCTION WILL BE GIVEN IN THE HEALTH AND SAFETY ASPECTS AND THE SAFE OPERATING PROCEDURES OF THE TASK. TRAINING WILL BE GIVEN IN AN ON-THE-JOB ENVIRONMENT AND SUPERVISED PRACTICE DURING NON-PRODUCTION OR DIRECT AND IMMEDIATE SUPERVISION DURING PRODUCTION. PERSONNEL ASSIGNED A NEW TASK NOT INCLUDED ABOVE WILL RECEIVE INSTRUCTION IN THE SAFETY AND HEALTH ASPECTS AND SAFE WORK PRACTICES OF THE TASK.

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## UNDERGROUND OR MORE AT THIS MINE

## 48.8 ANNUAL REFRESHER TRAINING FOR MINERS WHO HAVE BEEN EMPLOYED 12 MONTHS

SUBJECT	OBJECTIVES	TEACHING	COURSE	EVALUATION
		METHODS	MATERIALS	METHODS
BARRICADING	REVIEW OF THE METHODS OF	LECTURE	VISUAL AIDS	DISCUSSION
Emergency Evacuation	BARRICADING AND LOCATIONS OF	DISCUSSION	COMPANY	QUESTION &
	BARRICADING MATERIALS, WHERE		POLICY MSHA	ANSWER
	APPLICABLE. Mine Emergency		Material	
	Evacuation Plan will be taught			
SELF-RESCUER AND	Training will include instruction and	LECTURE	SELF-RESCUE	DISCUSSION &
RESPIRATORY DEVICE	demonstration in the use, care and	DEMONSTRATI	DEVICE	DEMONSTRATION.
	maintenance of the rescue and respiratory	ON	SPECIFICATIO	TRAINEES WILL
	devices used at the mine. Except for the	HAND-ON	NS. SELF-	BE EVALUATED
	miners that receive training under 75.1504	TRAINING	RESCUE	ON THEIR
	the training will include hands on training		TRAINING	ABILITY TO
	in the complete donning of all rescue		MODELS FOR	EFFECTIVELY
	devices used at the mine, which includes		ALL DEVICES	DON AND
	assuming the donning position, opening the		USED.	TRANSFER FROM
	device, activating the device, inserting the			ONE SELF-
	mouth, putting the nose clip on and			RESCUER DEVICE
	transferring between all rescue devices			TO ANOTHER.
	used at the mine			
TRANSPORTATION	TO DEMONSTRATE AND DESCRIBE	LECTURE	COMPANY	DISCUSSION
CONTROLS	METHODS OF CHECKING IN AND	DEMONSTRATI	POLICY	QUESTION &
COMMUNICATION	OUT OF THE MINE, TO	ON	MINE MAPS	ANSWER
SYSTEMS	DEMONSTRATE MINE PHONE AND	·	RECEIVED	DEMONSTRATION
	RADIO SYSTEMS. TO DEMONSTRATE	En	UCA AND TRAII	TENA
	PROPER METHODS OF RIDING MINE			W 7 A 47.
	RUBBER TIRED AND TRACK		feed of 2007	
	MOUNTED MANTRIPS, DIRECTIONAL			the the
	SIGNS, WARNING		iount hope, W — mina	W.
	SIGNALSDIRECTIONAL SIGNS AND		NII IAA	
	WARNING SIGNALS.	7 70 64 94 94		DIGGEOGRAPH.
EXPLOSIVES	INSTRUCTION IN THE USE,	LECTURE	COMPANY	DISCUSSION

	TRANSPORTATION AND STORAGE OF EXPLOSIVES. REVIEW HAZARDS OF EXPLOSIVES.		POLICY LAW-30 CFR & STATE	QUESTION & ANSWER
PREVENTION OF ACCIDENTS	A REVIEW OF ACCIDENTS AND CAUSES OF ACCIDENTS, AND INSTRUCTION IN ACCIDENT PREVENTION IN THE WORK ENVIRONMENT.	LECTURE	COMPANY POLICY ACCIDENT RECORDS	DISCUSSION QUESTION & ANSWER
Roof, Ground Control and Ventilation Plans	INSTRUCTION ON THE Roof and Ground CONTROL Plans IN EFFECT AT THE MINE AND PROCEDURES FOR ROOF AND RIB CONTROL. INSTRUCTION ON THE VENTILATION PLAN IN EFFECT AT THE MINE AND PROCEDURES FOR MAINTAINING AND CONTROLLING VENTILATION.	LECTURE VISUAL AIDS	ROOF CONTROL & VENTILATION PLAN COMPANY POLICY	DISCUSSION QUESTION & ANSWER
HEALTH	INSTRUCT THE EMPLOYEES IN PURPOSE OF TAKING DUST AND NOISE MEASUREMENTS. REVIEW OF METHANE DUST CONTROL PLAN. Hazcom Program	LECTURE DEMONSTRATI ON	COMPANY POLICY TRAINING AIDS Regulations	DISCUSSION QUESTION & ANSWER

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UNDERGROUND 48.8 ANNUAL REFRESHER TRAINING FOR MINERS WHO HAVE BEEN EMPLOYED 12 MONTHS OR MORE AT THIS MINE (CONTINUED)

SUBJECT	OBJECTIVES	TEACHING	COURSE	EVALUATION
		METHODS	MATERIALS	METHODS
ELECTRICAL HAZARDS	DESCRIBE THE IMPORTANCE OF	LECTURE	AV AIDS	DESCUSSION
	RECOGNIZING AND AVOIDING	DISCUSSION	COMPANY	QUESTION &
	ELECTRICAL HAZARDS.		POLICIES	ANSWER
	LOCK AND TAG-OUT PROCEDURES.	:		
FIRST AID	INSTRUCT THE EMPLOYEES IN FIRST	LECTURE	VISUAL AIDS	DEMONSTRATION
	AID METHODS ACCEPTABLE TO	DEMONSTRATI:	TRAINING	QUESTION &
	MSHA	ON	MODELS MSHA	ANSWER
3			Red Cross	
MINE GASES	INSTRUCT THE EMPLOYEES IN	LECTURE	COMPANY	DEMONSTRATION
	DETECTION AND AVOIDANCE OF	DEMONSTRATI	POLICY	QUESTION &
	HAZARDS ASSOCIATED WITH MINE	ON	GAS	ANSWER
	GASSES.		DETECTORS	
			Regulations	
MANDATORY HEALTH	MANDATORY HEALTH AND SAFETY	LECTURE	COMPANY	DISCUSSION
AND SAFETY	STANDARDS PERTINENT TO THE		POLICY	QUESTION &
STANDARDS	ASSIGNED TASKS.		Regulations	ANSWER

NOTE: TOTAL TIME IS 8 HOURS MINIMUM. INDIVIDUAL COURSE TIME APPROVAL IS NOT REQUIRED. WHILE EACH COURSE IN THE APPROVED PLAN MUST BE TAUGHT, OPERATOR'S HAVE THE FLEXIBILITY TO VARY THE TIME SPENT ON EACH SUBJECT AREA RELATIVE TO THE HEALTH AND SAFETY NEEDS OF THE MINE. CITATIONS/ORDERS, ACCIDENTS ARE EXAMPLES OF CRITERIA WHICH MAY BE USED TO TAILOR THE TRAINING TO THE SPECIFIC HEALTH AND SAFETY ISSUES AT THIS MINE.

I AM REQUESTING APPROVAL OF 8 TOTAL HOURS TRAINING FOR THIS ANNUAL REFRESHER PROGRAM.

THIS TRAINING MAY BE PROVIDED IN INCREMENTS OF 30 MINUTES OR MORE (SEE 48.8(D)).

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#### 48.11 HAZARD TRAINING PROGRAM

SUBJECT	OBJECTIVES	TEACHING	COURSE	EVALUATION
		METHODS	MATERIALS	METHODS
SELF-RESCUER AND	Training will include instruction and	LECTURE	SELF-RESCUE	DISCUSSION &
RESPIRATORY DEVICE	demonstration in the use, care and	DEMONSTRATI	DEVICE	DEMONSTRATION.
	maintenance of the rescue and respiratory	ON	SPECIFICATIO	TRAINEES WILL
	devices used at the mine. Except for the	HAND-ON	NS. SELF-	BE EVALUATED
	miners that receive training under 75.1504	TRAINING	RESCUE	ON THEIR
	the training will include hands on training		TRAINING	ABILITY TO
	in the complete donning of all rescue		MODELS FOR	EFFECTIVELY
	devices used at the mine, which includes		ALL DEVICES	DON AND
	assuming the donning position, opening the		USED.	TRANSFER FROM
İ	device, activating the device, inserting the			ONE SELF-
	mouth, putting the nose clip on and			RESCUER DEVICE
	transferring between all rescue devices			TO ANOTHER.
	used at the mine			
EMERGENCY &	TO DEMONSTRATE AND DESCRIBE	LECTURE	COMPANY	DISCUSSION
EVACUATION	MINE MAP ESCAPEWAY SYSTEM,	DEMONSTRATI	POLICY	QUESTION &
PROCEDURES	INSTRUCTION FOR ESCAPEWAYS	ON	MINE MAPS	ANSWER
	AND EMERGENCY EVACUATION			DEMONSTRATION
	PLANS.			
MANDATORY HEALTH	HEALTH AND SAFETY STANDARDS	LECTURE	COMPANY	DISCUSSION
& SAFETY STANDARDS,	PERTINENT TO THE ASSIGNED		POLICY	QUESTION &
SAFETY RULES AND	TASKS.			ANSWER
WORK PROCEDURES				
HAZARD	DESCRIBE THE IMPORTANCE OF	LECTURE	COMPANY	DISCUSSION
RECOGNITION AND	RECOGNIZING AND AVOIDING		POLICY	QUESTION &
AVOIDANCE	HAZARDOUS CONDITIONS.			ANSWER

NOTE: NON-CERTIFIED PERSONS WHO ARE PROVIDED THIS TRAINING MUST BE ACCOMPANIED BY AN EXPERIENCED MINER AT ALL TIMES WHEN IN THE UNDERGROUND MINE. THIS TRAINING WILL REMAIN CURRENT FOR 12 MONTHS. ANY PERSON WHO RETURNS TO THE MINE 12 MONTHS OR MORE FROM THE DATE OF INITIAL TRAINING UNDER THIS PROGRAM MUST BE RETRAINED UNDER THE PROGRAM. INDIVIDUALS TRAINED WILL

RECEIVED RECEIVED REALINING

RECEIVE INSTRUCTION ON SPECIFIC HAZARDS KNOWN TO EXIST IN THE AREA TO BE TRAVELED AND WHE RE WORK WILL OCCUR.

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## Part 75 Training Program Optional Training Plan Format

# Coal Underground Mines ID #

Certified and Qualified Training Program	Section 75.161
General Information	
1. Company and mine names	
MSHA ID # Company Name Address Mine Name	
2. Person responsible for health and safety training at the	e mine
Name Position/Title Phone Number E-Mail	
3. Location(s) where training will be given	
Certified Persons minesite/offsite Qualified Persons minesite/offsite	The state of the s
Certified Persons	Section 75.161(a)
The following program is for training and retraining persons whose work a	ssignments require they be certified.
Subjects	
1. First aid [§ 75.1713-6(a) & 75.1713-6(b)] Initial Training: 10 hours	and the second

Refresher Training:

5 hours

Teaching Methods:

audio/video, demonstration, discussion, lecture

Course Materials:

applicable regulations, company, first aid supplies, MSHA, vendor/manufacturer

**Evaluation Methods:** 

observation, oral feedback, written feedback

#### 2. Principles of mine rescue [§ 75.161(a)]

**Teaching Methods:** 

audio/video, demonstration, discussion, lecture, site tour

Course Materials:

applicable regulations, barricading, company, escape and emergency evacuation plans, escapeway system, firewarning signals and firefighting procedures, mine map,

MSHA, training devices, vendor/manufacturer

**Evaluation Methods:** 

observation, oral feedback, written feedback

#### 3. Provisions of Part 75 [§ 75.161(a)]

Teaching Methods:

audio/video, discussion, lecture, site tour

Course Materials:

1977 Mine Act, applicable regulations, company, company rules, MSHA

**Evaluation Methods:** 

oral feedback, written feedback

#### **Qualified Persons**

Section 75.161(b)

The following program is for training and retraining persons whose work assignments require they be qualified.

## Subjects

#### 1. Tasks performed as a qualified person [§ 75.161(b)]

Teaching Methods:

audio/video, demonstration, discussion, lecture, site tour

Course Materials:

applicable regulations, company, devices, MSHA, safe work procedures,

vendor/manufacturer

**Evaluation Methods:** 

observation, oral feedback, written feedback

#### 2. Electrical [§ 75.153]

This training will utilize an electrical program approved by the Secretary of Labor in accordance with Section 75.153.

#### 3. Hoisting [§ 75.155]

Not applicable

#### 4. Explosives [§ 75.1301]

Not applicable

#### 5. Liquefied and nonliquefied compressed gas [§ 75.1106-4]

Teaching Methods:

audio/video, discussion, lecture

Course Materials:

applicable regulations, company, MSHA, vendor/manufacturer

**Evaluation Methods:** 

observation, oral feedback

**Other Subjects** 

## 48.25 TRAINING PROGRAM FOR NEW MINERS

SUBJECT	OBJECTIVES	TEACHING	COURSE	EVALUATION
		METHODS	MATERIALS	METHODS
STATUTORY RIGHTS	INSTRUCT THE EMPLOYEES AND	LECTURE	LAW-30 CFR &	DISCUSSION
OF MINERS,	REVIEW THE LINE OF AUTHORITY	DISCUSSION	STATE	QUESTION &
AUTHORITY AND	AND RESPONSIBILITY OF		COMPANY	ANSWER
RESPONSIBILITY OF	SUPERVISORS AND MINERS'		RULES	
SUPERVISORS IN	REPRESENTATIVES, SECTION 2 OF		COMPANY	
REPORTING HAZARDS	THE ACT, PROCEDURES FOR		POLICIES	
(SECTION 2 OF THE	REPORTING HAZARDS, OPERATOR'S			
ACT)	RULES.			
SELF-RESCUER AND	Training will include instruction and	LECTURE	SELF-RESCUE	DISCUSSION
RESPIRATORY	demonstration in the use, care and	DEMONSTRATI	DEVICE	QUESTION &
DEVICES	maintenance of the rescue and respiratory	ON Hands on	SPECIFICATIO	ANSWER
	devices used at the mine. The training will		NS. SELF-	DEMONSTRATION
	include hands on training in the complete		RESCUE	BY TRAINEE
	donning of all rescue devices used at the		TRAINING	
	mine, which includes assuming the donning		MODELS FOR	
	position, opening the device, activating the		ALL DEVICES	
	device, inserting the mouth, putting the		USED.	
	nose clip on and transferring between all			
	rescue devices used at the mine where			
	applicable			
TRANSPORTATION	INSTRUCT THE EMPLOYEES IN THE	LECTURE	COMPANY	DISCUSSION
CONTROLS	PROCEDURES IN EFFECT FOR	DEMONSTRATI	POLICY	QUESTION &
COMMUNICATION	RIDING ON AND IN MINE	ON	MINE MAPS	ANSWER
SYSTEMS	CONVEYANCES WHERE		muqi	<b>DEMONSTRATION</b>
	APPLICABLE, THE CONTROLS FOR		EDUCA ANI	TRAZNING
	THE TRANSPORTATION OF MINERS		\$-	
1	AND MATERIALS, AND THE USE OF		h nd	L 6447 2007
	MINE COMUNICATION SYSTEMS,		and the contract of the contra	- No. work to the total of the
	WARNING SIGNALS, AND		MOANE	ore, Wy
	DIRECTIONAL SIGNS.		F. Z.	
INTRODUCTION TO	TO CONDUCT MINE TOUR	TOUR	COMPANY	DISCUSSION

THE WORK	DESCRIBING METHOD OF MINING.	DEMONSTRATI	POLICY	QUESTION &
ENVIRONMENT		ON	MINE MAPS	ANSWER
		LECTURE		DEMONSTRATION
ESCAPE &	REVIEW OF THE MINE ESCAPE	LECTURE	COMPANY	DISCUSSION
EMERGENCY	SYSTEM, AND ESCAPE &	DEMONSTRATI	la de la companya de	QUESTION &
EVACUATION	EMERGENCY EVACUATION PLANS IN	ON	MINE MAPS	ANSWER
FIREWARNING &	EFFECT AT SITE & INSTRUCTION IN		Emergency	DEMONSTRATION
FIREFIGHTING	THE FIREWARNING SIGNALS &		Plans	
	FIREFIGHTING PROCEDURES.			
GROUND CONTROL:	INSTRUCTION ON HIGHWALL AND	LECTURE	GROUND	DISCUSSION
WATER HAZARDS;	THE GROUND CONTROL PLAN.	VISUAL AIDS	CONTROL	QUESTION &
SPOIL BANK; NIGHT	INSTRUCTION ON SAFETY AROUND		COMPANY	ANSWER
WORK	WATER HAZARDS, SPOIL BANKS,		POLICY	
	AND PITS. ILLUMINATION AND			
	SAFE WORK PROCEDURES DURING			
	HOURS OF DARKNESS.			
HEALTH	INSTRUCT THE EMPLOYEES IN	LECTURE	COMPANY	DISCUSSION
	PURPOSE OF TAKING DUST AND	DEMONSTRATI	POLICY	QUESTION &
	NOISE MEASUREMENTS. HEALTH	ON	TRAINING	ANSWER
	PROVISIONS OF ACT AND WARNING		AIDS	
	LABELS EXPLAINED		Regulations	
HAZARD	DESCRIBE THE IMPORTANCE OF	LECTURE	COMPANY	DISCUSSION
RECOGNITION	RECOGNIZING AND AVOIDING	Discussion	POLICY	QUESTION &
	HAZARDOUS CONDITIONS.			ANSWER

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SURFACE

## 48.25 TRAINING PROGRAM FOR NEW MINERS (CONTINUED)

SUBJECT	OBJECTIVES	1211011111		EVALUATION METHODS
	DESCRIBE THE IMPORTANCE OF RECOGNIZING AND AVOIDING ELECTRICAL HAZARDS. LOCK AND TAG-OUT PROCEDURES.	DISCUSSION		DISCUSSION QUESTION & ANSWER

FIRST AID	INSTRUCT THE EMPLOYEES IN FIRST AID METHODS ACCEPTABLE TO MSHA.	LECTURE DEMONSTRATI ON	VISUAL AIDS TRAINING MODELS MSHA Red Cross First Responder	DEMONSTRATION QUESTION & ANSWER
EXPLOSIVES	TO INSTRUCT ON FEDERAL AND STATE LAW ON USE, TRANSPORTATION, HAZARDS AND STORAGE of EXPLOSIVES.	LECTURE	COMPANY POLICY LAW-30 CFR & STATE	DEMONSTRATION QUESTION & ANSWER
HEALTH AND SAFETY ASPECTS OF THE TASK	INSTRUCT THE EMPLOYEES IN HEALTH AND SAFETY ASPECT, MANDATORY STANDARDS PERTINENT TO SUCH TASKS, SAFE OPERATING PROCEDURES. <u>Hazcom</u> <u>Program</u>	LECTURE	COMPANY POLICY Task Outlines	DISCUSSION QUESTION & ANSWER

NOTE: EACH NEW INEXPERIENCED MINER AS DEFINED BY 48.22 [C] SHALL RECEIVE 24 TOTAL HOURS OF INSTRUCTION UNDER THIS PROGRAM, PLUS TASK TRAINING.

PART 18.25[A] PROVIDES THE OPERATOR THE FLEXIBILITY TO GIVE 8 HOURS OF INITIAL INSTRUCTION AND THE 16 HOURS REMAINING WITHIN THE NEXT 60 DAYS. THE FOLLOWING COURSES SHALL BE INCLUDED IN THE 8 HOURS OF TRAINING: INTRODUCTION TO WORK ENVIRONMENT, HAZARD RECOGNITION, HEALTH AND SAFETY ASPECTS OF THE TASKS TO WHICH THE NEW MINER WILL BE ASSIGNED.

MINERS WHO HAVE NOT RECEIVED THE FULL 24 HOURS SHALL BE REQUIRED TO WORK UNDER THE CLOSE SUPERVISION OF AN EXPERIENCED MINER. WE ARE REQUESTING APPROVAL TO TRAIN NEW MINERS IN THIS MANNER WITH THIS PROGRAM.

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SUBJECT	OBJECTIVES	TEACHING	COURSE	EVALUATION
		METHODS	MATERIALS	METHODS
AUTHORITY AND	REVIEW & DESCRIPTION OF THE	LECTURE	LAW -30 CFR	DISCUSSION
RESPONSIBILITY OF	LINE OF AUTHORITY OF	DISCUSSION	& STATE	QUESTION &
SUPERVISORS AND	SUPERVISORS & MINERS'		COMPANY	ANSWER
MINERS'	REPRESENTATIVES & THE		RULES	1
REPRESENTATIVES.	RESPONSIBILITY OF SUCH		COMPANY	
•	SUPERVISORS & MINERS'		POLICIES OT	
	REPRESENTATIVES & AN		2	
	INTRODUCTION TO THE			
	OPERATOR'S RULES & THE			
	PROCEDURES FOR REPORTING			
	HAZARDS.			
TRANSPORTATION	TO DEMONSTRATE AND DESCRIBE	LECTURE	COMPANY	DISCUSSION
CONTROLS	METHODS OF CHECKING IN AND	DEMONSTRATI	POLICY	QUESTION &
COMMUNICATION	OUT OF THE MINE. TO	ON	MINE MAPS	ANSWER
SYSTEMS	DEMONSTRATE MINE PHONE AND			DEMONSTRATION
	RADIO SYSTEMS. TO DEMONSTRATE			
	PROPER METHODS OF RIDING MINE			<u> </u>
	RUBBER TIRED AND TRACK			
	MANTRIPS.		COREDABILI	DICCUCCION
INTRODUCTION TO	TO CONDUCT MINE TOUR	TOUR	COMPANY	DISCUSSION
THE WORK	DESCRIBING METHOD OF MINING.	DEMONSTRATI	POLICY	QUESTION & ANSWER
ENVIRONMENT		ON LECTURE	MINE MAPS	DEMONSTRATION
	TATOORNI COTTONI NI TUDBI NILA DRIVATO	LECTURE	COMPANY	DISCUSSION
ESCAPE &	INSTRUCTION IN FIRE-WARNING	DEMONSTRATI	POLICY	OUESTION &
EMERGENCY	SIGNALS AND FIRE FIGHTING	ON ON	MINE MAPS	ANSWER
EVACUATION	PROCEDURES, REVIEW OF MINE	I OIN		DEMONSTRATION
FIRE-WARNING &	ESCAPE SYSTEM AND ESCAPE AND EMERGENCY EVACUATION PLAN.	[	Emergency	DEMAIN TO THE TOTAL OF THE TAXABLE PARTY OF TAXABLE PARTY
FIREFIGHTING	EVIENCENCY EVACUATION PLAN.		Evacuation	
			Plans	
GROUND CONTROL;	INSTRUCTION ON HIGHWALL AND	LECTURE	GROUND	DISCUSSION

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WATER HAZARDS; SPOIL BANK; NIGHT WORK	THE GROUND CONTROL PLAN. INSTRUCTION ON SAFETY AROUND WATER HAZARDS, SPOIL BANKS AND PITS. ILLUMINATION AND WORK PROCEDURES DURING HOURS OF DARKNESS.	VISUAL AIDS	CONTROL COMPANY POLICY	QUESTION & ANSWER
MANDATORY HEALTH & SAFETY STANDARDS	HEALTH AND SAFETY STANDARDS PERTINENT TO THE ASSIGNED TASKS.	LECTURE Discussion	COMPANY POLICY State and Federal Regulations	DISCUSSION QUESTION & ANSWER
HAZARD RECOGNITION	DESCRIBE THE IMPORTANCE OF RECOGNIZING AND AVOIDING HAZARDOUS CONDITIONS. Hazcom Program	LECTURE Discussion	COMPANY POLICY	DISCUSSION QUESTION & ANSWER

SELF-RESCUER AND	Training will include instruction and	LECTURE		DISCUSSION
RESPIRATORY DEVICES	demonstration in the use, care and	DEMONSTRATI	SELF-RESCUE	QUESTION &
	maintenance of the rescue and respiratory	ON Hands On	DEVICE	ANSWER
	devices used at the mine. Hands on		SPECIFICATIO	DEMONSTRATION
	training in the complete donning of all		NS. SELF-	OF DONING BY
	rescue devices used at the mine, which		RESCUE	TRAINEE
	includes assuming the donning position,		TRAINING	
]	opening the device, activating the device,		MODELS FOR	
	inserting the mouth, putting the nose clip		ALL DEVICES	
	on and transferring between all rescue		USED.	
ļ.	devices used at the mine where applicable			

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## UNDERGROUND CONTINUED

## 48.26 TRAINING PROGRAM FOR NEW MINERS (EXPERIENCED)

SUBJECT	OBJECTIVES	TEACHING METHOD	COURSE MATERIALS	EVALUATION METHODS
EMERGENCY MEDICAL PROCEDURES	COMPANY MINE LOCATING MEDICAL SUPPLIES AND EMERGENCY COMMUNICATION SYSTEMS	LECTURE DISCUSSION AUDIO/VIDEO	VISUAL AIDS COMPANY POLICY MINE MAPS Emergency Communication Procedures	DISCUSSION QUESTION & ANSWER
PREVENTION OF ACCIDENTS	MSHA TRAINING MODULES, COMPANY SAFETY RULES, AND ACCIDENT REPORTS.	LECTURE DEMONSTRATI ON AUDIO/VIDEO	Accident Reports COMPANY POLICY	DISCUSSION QUESTION & ANSWER DEMONSTRATION
HEALTH AND SAFETY ASPECTS OF THE TASKS TO WHICH THE EXPERIENCED MINER IS ASSIGNED	MSHA TRAINING MODULES, APPLICABLE EQUIPMENT/TOOLS, AND TASK TRAINING OUTLINE FOR JOB	LECTURE DEMONSTRATI ON VISUAL AIDS	COMPANY POLICY VISUAL AIDS	DISCUSSION QUESTION & ANSWER DEMONSTRATION
HEALTH	MSHA TRAINING MODULES, NOISE METERS, DUST PUMPS, WARNING LABELS, MSDS, HEALTH PLANS IN EFFECT AT THE MINE, AND PERSONAL PROTECTIVE EQUIPMENT.	LECTURE VISUAL AIDS AUDIO/VIDEO	COMPANY POLICY Regulations	DISCUSSION QUESTION & ANSWER DEMONSTRATION

Note: Training will last a minimum of 8 hours for miners returning mining after an absence of 5 years.

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#### 48.27. TASK TRAINING PROGRAM

TASK/JOB TITLE	METHODS AND MATERIALS	CONDUCTED BY	PRACTICE PERIOD	EVALUATION METHODS
MOBILE EQUIPMENT OPERATORS	INSTRUCTION IN EACH OPERATION OF HIS TASK. INSTRUCTION IN HAZARDS OF HIS JOB. COMPANY TASK TRAINING GUIDELINES. Hazcom Program	EXPERIENCED QUALIFIED WORKER OR SUPERVISOR	COMMENSUR ATE WITH EMPLOYEES' ABILITY	OBSERVATION OF SAFE OPERATION PROCEDURES
NON-MOBILE EQUIPMENT OPERATORS	INSTRUCTION IN EACH OPERATION OF HIS TASK. INSTRUCTION IN HAZARDS OF HIS JOB. COMPANY TASK TRAINING GUIDELINES.	EXPERIENCED QUALIFIED WORKER OR SUPERVISOR	COMMENSUR ATE WITH EMPLOYEES' ABILITY	OBSERVATION OF SAFE WORKING PROCEDURES

NOTE: A QUALIFIED TRAINER WILL GIVE TRAINING OR OTHER PERSON EXPERIENCED IN THE TASK. A TASK LIST WILL BE COMPLETED. OBSERVATION PROCEDURES WILL BE USED TO EVALUATE THE EFFECTIVENESS OF THE TRAINING. TRAINING PROCEDURES ARE AVAILABLE AT MINE SITE FOR INSPECTION. INSTRUCTION WILL BE GIVEN IN THE HEALTH AND SAFETY ASPECTS AND THE SAFE OPERATING PROCEDURES OF THE TASK. TRAINING WILL BE GIVEN IN AN ON-THE-JOB ENVIRONMENT AND SUPERVISED PRACTICE DURING NON-PRODUCTION OR DIRECT AND IMMEDIATE SUPERVISION DURING PRODUCTION. PERSONNEL ASSIGNED A NEW TASK NOT INCLUDED ABOVE WILL RECEIVE INSTRUCTION IN THE SAFETY AND HEALTH ASPECTS AND SAFE WORK PRACTICES OF THE TASK.

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SURFACE 48.28 ANNUAL REFRESHER TRAINING FOR MINERS WHO HAVE BEEN EMPLOYED 12 MONTHS OR MORE AT THIS MINE

SUBJECT	OBJECTIVES	TEACHING	COURSE	EVALUATION
		METHODS	MATERIALS	METHODS
ESCAPE AND	REVIEW OF THE MINE ESCAPE	LECTURE	MAPS & PLANS	DISCUSSION
EMERGENCY	SYSTEM, ESCAPE & EMERGENCY	DISCUSSION	COMPANY	QUESTION &
EVACUATION	EVACUATION PLANS IN EFFECT AT		POLICIES	ANSWER
FIREWARNING AND	THE MINE & INSTRUCTION IN THE			
FIREFIGHTING	FIREWARNING SIGNALS &			
THE TOTAL	FIREFIGHTING PROCEDURES.			
SELF-RESCUER AND	Training will include instruction and	LECTURE		DISCUSSION
RESPIRATORY DEVICES	demonstration in the use, care and	DEMONSTRAT	SELF-RESCUE	OUESTION &
RESIRATORI DE VICES	maintenance of the rescue and respiratory	ION Hands On	DEVICE	ANSWER
	devices used at the mine. Hands on	1011 1101100	SPECIFICATIO	DEMONSTRATION
	training in the complete donning of all		NS. SELF-	OF DONING BY
	rescue devices used at the mine, which		RESCUE	TRAINEE
	includes assuming the donning position,		TRAINING	
	opening the device, activating the device,		MODELS FOR	
	inserting the mouth, putting the nose clip		ALL DEVICES	
	on and transferring between all rescue		USED.	
•	devices used at the mine where applicable			
TRANSPORTATION	TO DEMONSTRATE AND DESCRIBE	LECTURE	COMPANY	DISCUSSION
CONTROLS	METHODS OF CHECKING IN AND	DEMONSTRAT	POLICY	OUESTION &
COMMUNICATION	OUT OF THE MINE. TO	ION	MINE MAPS	ANSWER
SYSTEMS	DEMONSTRATE MINE PHONE AND			DEMONSTRATION
S I S I III VAS	RADIO SYSTEMS. TO	!	R.	ICHIVATA)
	DEMONSTRATE PROPER METHODS		EDUCA /	ND TRAINING
	OF RIDING MINE RUBBER TIRED		lŧ .	
	AND TRACK MANTRIPS.			
	TRANSPORTATION OF MINERS AND		THE STATE OF THE S	r hope, wv
	EQUIPMENT.		35 C F C F C F C F C F C F C F C F C F C	Standard Francist
EXPLOSIVES	REVIEW AND INSTRUCTION ON THE	LECTURE	COMPANY	DISCUSSION
	HAZARDS RELATED TO		POLICY	QUESTION &
	EXPLOSIVES. THE ONLY		LAW - CFR &	ANSWER
	EXCEPTION TO THIS COURSE		STATE	

	COMPONENT IS WHEN THERE ARE NO EXPLOSIVES USED OR STORED ON THE MINE PROPERTY.			
PREVENTION OF ACCIDENTS	REVIEW OF ACCIDENTS & CAUSES OF ACCIDENTS & INSTRUCTION IN ACCIDENT PREVENTION IN THE WORK ENVIRONMENT.	LECTURE	COMPANY POLICY Accident Reports	DISCUSSION QUESTION & ANSWER
GROUND CONTROL, WATER HAZARDS, SPOIL BANK, NIGHT WORK	INSTRUCTION ON HIGHWALL AND THE GROUND CONTROL PLAN. INSTRUCTION ON SAFETY AROUND WATER HAZARDS, SPOIL BANKS AND PITS. ILLUMINATION AND WORK PROCEDURES DURING HOURS OF DARKNESS.	LECTURE VISUAL AIDS	GROUND CONTROL COMPANY POLICY	DISCUSSION QUESTION & ANSWER
HEALTH	INSTRUCTION ON THE PURPOSE OF TAKING DUST AND NOISE AND OTHER HEALTH MEASUREMENTS. Hazcom Program and ANY HEALTH CONTROL PLAN IN EFFECT AT THE MINE SHALL BE EXPLAINED. THE HEALTH PROVISIONS OF THE ACT AND WARNING LABELS SHALL ALSO BE EXPLAINED.	LECTURE DEMONSTRAT ION	COMPANY POLICY TRAINING AIDS HEALTH CONTROL PLAN MSDS Sheets	DISCUSSION QUESTION & ANSWER

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SURFACE 48.28 ANNUAL REFRESHER TRAINING FOR MINERS WHO HAVE BEEN EMPLOYED 12 MONTHS OR MORE

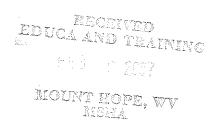
AT THIS MINE (CONTINUED)

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
ELECTRICAL HAZARDS	RECOGNITION AND AVOIDANCE OF ELECTRICAL HAZARDS. LOCK AND TAG-OUT PROCEDURES.	LECTURE DISCUSSION	SM 9 COMPANY POLICIES	DISCUSSION QUESTION & ANSWER
FIRST AID	INSTRUCT THE EMPLOYEES IN FIRST AID METHODS ACCEPTABLE TO MSHA	LECTURE DEMONSTRATI ON	MSHA Red Cross First Responder	DEMONSTRATION QUESTION & ANSWER
MANDATORY HEALTH AND SAFETY STANDARDS	INSTRUCT THE EMPLOYEES IN MANDATORY HEALTH AND SAFETY STANDARD REQUIREMENTS WHICH ARE RELATED TO THE MINER'S TASKS	LECTURE	COMPANY POLICY State and Federal Regulations	DISCUSSION QUESTION & ANSWER

NOTE: TOTAL TIME IS 8 HOURS MINIMUM. INDIVIDUAL COURSE TIME APPROVAL IS NOT REQUIRED. WHILE EACH COURSE IN THE APPROVED PLAN MUST BE TAUGHT, OPERATORS HAVE THE FLEXIBILITY TO VARY THE TIME SPENT ON EACH SUBJECT AREA RELATIVE TO THE HEALTH AND SAFETY NEEDS OF THE MINE. CITATIONS/ORDERS, ACCIDENTS ARE EXAMPLES OF CRITERIA WHICH MAY BE USED TO TAILOR THE TRAINING TO THE SPECIFIC HEALTH AND SAFETY ISSUES AT THIS MINE. INDIVIDUALS TRAINED WILL RECEIVE INSTRUCTION ON SPECIFIC HAZARDS KNOWN TO EXIST IN THE AREA TO BE TRAVELED AND WHERE WORK WILL OCCUR.

I AM REQUESTING APPROVAL OF 8 TOTAL HOURS TRAINING FOR THIS ANNUAL REFRESHER PROGRAM.

THIS TRAINING MAY BE PROVIDED IN INCREMENTS OF 30 MINUTES OR MORE (SEE 48.28(D)).



#### SURFACE

#### 48.31 HAZARD TRAINING PROGRAM

SUBJECT	OBJECTIVES	TEACHING	COURSE	EVALUATION
		METHODS	MATERIALS	METHODS
SELF-RESCUER AND	Training will include instruction and	LECTURE	SELF-RESCUE	DISCUSSION
RESPIRATORY DEVICES	demonstration in the use, care and	DEMONSTRATI		QUESTION &
	maintenance of the rescue and respiratory	ON Hands On	SPECIFICATIO	ANSWER
	devices used at the mine. Hands on	Training	NS. SELF-	DEMONSTRATION
	training in the complete donning of all		RESCUE	OF DONING BY
[] ∤	rescue devices used at the mine, which		TRAINING	TRAINEE
·	includes assuming the donning position,		MODELS FOR	
	opening the device, activating the device,		ALL DEVICES	
	inserting the mouth, putting the nose clip		USED.	
	on and transferring between all rescue			
	devices used at the mine where applicable			
EMERGENCY &	TO DEMONSTRATE AND DESCRIBE	LECTURE	COMPANY	DISCUSSION
EVACUATION	MINE MAP ESCAPEWAY SYSTEM.	DEMONSTRATI	POLICY	QUESTION &
PROCEDURES	INSTRUCTION FOR ESCAPEWAYS	ON	MINE MAPS	ANSWER
1	AND EMERGENCY EVACUATION			DEMONSTRATION
	PLANS.			
MANDATORY HEALTH	HEALTH AND SAFETY STANDARDS	LECTURE	COMPANY	DISCUSSION
& SAFETY STANDARDS;	PERTINENT TO THE ASSIGNED		POLICY	QUESTION &
SAFETY	TASKS.			ANSWER
RULES AND WORK				
PROCEDURES				
HAZARD RECOGNITION	DESCRIBE THE IMPORTANCE OF	LECTURE	COMPANY	DISCUSSION
AND AVOIDANCE	RECOGNIZING AND AVOIDING		POLICY	QUESTION &
	HAZARDOUS CONDITIONS.			ANSWER

NOTE: ALL TRAINING UNDER THIS HAZARD TRAINING PROGRAM SHALL INCLUDE INSTRUCTION WHICH IS APPLICABLE TO THE DUTIES OF SUCH MINERS. THIS TRAINING WILL REMAIN CURRENT FOR 12 MONTHS. ANY PERSON WHO RETURNS TO THE MINE 12 MONTHS OR MORE FROM THE DATE OF INITIAL TRAINING UNDER THIS PROGRAM MUST BE RETRAINED UNDER THE PROGRAM. INDIVIDUALS TRAINED WILL RECEIVE

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INSTRUCTION ON SPECIFIC HAZARDS KNOWN TO EXIST IN THE AREA TO BE TRAVELED AND WHERE WORK WILL OCCUR.

THIS TRAINING MAY BE GIVEN IN LIEU OF 48.26 TRAINING WHEN CONTRACT PERSONS ARE ON THIS MINE'S PROPERTY 4 CONSECUTIVE DAYS OR LESS.

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## **Part 77 Training Program**

# Coal Surface Mine ID #

ertified and Qua	lified Training Program	Section 77.107-1
Seneral Informati	on	
. Company and mi	ne names	
//SHA ID # Company Name Address //ine Name		
2. Person responsit	ole for health and safety training at the mir	10
Name Position/Title Phone Number E-Mail	,	
3. Location(s) wher	e training will be given	
Certified Persons Qualified Persons	minesite/offsite minesite/offsite	
Certified Persons		Section 77.107-1(a
The following program is	for training and retraining persons whose work assign	ments require they be certified.
Subjects		
1. Tasks and duties pe	rformed as a certified person [§ 77.107-1(a)]	
Teaching Methods:	ethods: audio/video, demonstration, discussion, lecture erials: applicable regulations, company, devices, MSHA, safe work procedures, vendor/manufacturer	
Course Materials:  Evaluation Methods:		

Initial Training:

10 hours

Refresher Training:

5 hours

Teaching Methods:

audio/video, demonstration, discussion, lecture

Course Materials:

applicable regulations, company, first aid supplies, MSHA

**Evaluation Methods:** 

observation, oral feedback, written feedback

#### 3. Provisions of Part 77 [§ 77.107-1(a)]

Teaching Methods:

audio/video, discussion, lecture

Course Materials:

1977 Mine Act, applicable regulations, company, company rules, MSHA

**Evaluation Methods:** 

oral feedback

## **Qualified Persons**

Section 77.107-1(b)

The following program is for training and retraining persons whose work assignments require they be qualified.

#### Subjects

#### 1. Tasks performed as a qualified person [§ 77.107-1(b)]

Teaching Methods:

audio/video, demonstration, discussion, lecture, site tour

Course Materials:

applicable regulations, company, devices, MSHA, safe work procedures,

vendor/manufacturer

**Evaluation Methods:** 

observation, oral feedback, written feedback

#### 2. Electrical [§ 77.103]

This training will utilize an electrical program approved by the Secretary of Labor in accordance with Section 77.103.

#### 3. Hoisting [§ 77.105]

Not applicable

#### 4. Refuse/Impoundment inspection [§ 77.216-3]

Teaching Methods:

audio/video, demonstration, discussion, lecture, site tour

Course Materials:

applicable regulations, company, MSHA

**Evaluation Methods:** 

MSHA exam, observation, oral feedback, written feedback

### 5. Methane and oxygen deficiency testing [§ 77.101]

Teaching Methods:

audio/video, demonstration, discussion, lecture

Course Materials:

applicable regulations, company, gas measuring devices, MSHA,

vendor/manufacturer

**Evaluation Methods:** 

observation, oral feedback, written feedback

#### Other Subjects



## PERFORMANCE SAFETY DEPARTMENT

To:

MSHA
District Four
100 Bluestone Road
Mount Hope, WV 25880

From: Mike Vaught Safety Director

Mr. White, Please find enclosed the revised Part 48 Training Plans for the following Mine Sites:

Upper Big Branch Mine-South (MSHA ID# 46-08436) Shumate Powellton Mine (MSHA ID# 4608492) Marsh Fork Eagle Mine (MSHA ID# 46-08913) Tunnel Mine (MSHA ID# 46-08655)

These training plans have been revised to comply with the requirements of the Final Rule. If you should have any questions or comments please contact Performance Coal Safety at (304) 854-1761.

Thank you, Mike Vaught Safety Director RECEIVED EDUCA AND TRAINING

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The information contained herein is protected under the Privacy Act and should be handled accordingly.



Legal ID Report				
EDocument Submission				
Notice Type: Update Effective Date: 03/08/2007				
Mine Information 1-8				
Federal Mine Identification Number:	4608436			
2. Mine Name:	Upper Big Branch Mine-South			
3. Directions To Mine:	Rt. 3 South, to Montcoal			
Street Address 130 Frontier Street				
4. Mine Location Address	City State Zip Code Montcoal WV 25140-			
	<b>County</b> Raleigh			
5. Official Business Name of Operator:	Performance Coal Company			
6. Principal Office Address for this Operator	Street Address 130 Frontier Street  City State Zip Code  Naoma WV 25140-			
7. Telephone number for this mine:	Area Code Telephone Number Extension 304 854 - 1762			
8. Commodity	Type of Product Type of Operation  Coal - Coal Underground  (Bituminous)			
	Health & Safety 9			
9. Person at Mine in Charge o	f Health and Safety:			
Last Name Hodge				
First Name Rick	MI			
Title Superintendent P.O. Box				
Street Address	<b>OR</b> 69			

City Naoma State Zip Code

WV 25140-

E-mail Address

## All Health & Safety 10

10. Person with Overall responsibility for a Health and Safety Program at ALL of the Operator's Mines, if the Operator is Not Directly Involved in the Daily Operation of the Mine:

Last Name Vaught

First Name Michael MI A

Title

Safety Director

Street Address

OR 69

City

Naoma

State

Zip Code

WV 25140

E-mail Address

### **Address of Record 11**

#### 11. Address of Records and Telephone Number:

Last Name Blanchard

First Name

Chris MI

Title

President

Street Address

130 Frontier Street

City

State

Zip Code

Montcoal

WV

25135 -

Foreign

Country Foreign State USA

Foreign Zip Code

P.O. Box Address

69

City

State

Zip Code

Naoma

WV

25140-

Area Code Telephone Number

Extension

E-mail Address

304 854 - 1852

Chris.Blanchard@masseyenergyco.com

## Ownership Information

12. This Official Business is Corporation a:

13. If Business is listed as Other, what is the type of Organization?

Type of Organization: Joint Venture, County Government, Limited Liability Company, etc.

#### 14. Employer Identification Number or Tax Identification Number for this Business:

SSN for Individuals:

**EIN for Entities:** 

\*\*\* - \*\* - \*\*\*\*

\*\* \_ \*\*\*\*\*

#### 15. The Individual(s) with ownership interest in this Business or Corporate Officers/Directors are:

	Name	Address
1111	Roger Nicholson Vice President	130 Frontier Street Whitesville WV 25209
111 /	' -	130 Frontier Street Whitesville WV 25209
3	MDarrin Butcher ('b'O	130 Frontier Street Whitesville WV 25209
4	Chris Blanchard President	PO Box 69 Naoma WV 25140 USA

#### 16. If Business is listed as Other, what are the names of Principal Organization Officials or Members?

Name Address

### **Corporation Information 17**

### 17. If Business is a Corporation, please answer the following:

b. Is this Corporation a Y WV a. State of incorporation: subsidiary?

c. If yes, what is the name and address of your Parent Corporation?

Name (or entity name if owner is a business)

Massey Energy

Street Address

P.O. Box OR 26765

City

State

Zip Code

Richmond

VA

23226 -

Foreign USA

Country

Foreign State

Foreign Zip Code

d. Employer Identification Number for this Business

(EIN):

#### **Contact Information**

#### Name and Title of Official Completing Form

**Last Name** 

Fernett

**First Name** 

Greg

Middle Initial

Date Form Completed 03/12/2007